

Sean's HARVEST MARKET

EST. 2012

outdoor market . killer concessions

SMOOTHIE

make it a **large**, for +1

add a **boost**, for +1: whey . peanut butter . almond . espresso
 matcha . ginger reduction . turmeric . fresh basil . kale

make a **substitution**, for +1: almond milk . oat milk
 chai tea & milk . maple . honey . stevia

South Beach7	Normando7
strawberry . banana . orange juice	pineapple . strawberry . basil . orange juice
Super Green Machine7	Fletcher7
kale . carrot . basil . banana . orange juice . milk	blueberry . banana . peanut butter . milk
Green Mango Refresher8	Natural7
matcha green tea . mango . basil . lemonade	strawberry . peanut butter . banana . milk
Mangolorian8	Blueberry Chai8
mango . strawberry . banana . basil ginger . lemonade	blueberry . banana . sean's chai black tea . milk
Izzy Bella7	Elvis7
strawberry . basil . banana . lemonade	espresso . banana . peanut butter chocolate . cinnamon . milk
Build Your Own Smoothie8	
choose your base {choose 1}: lemonade . orange juice . milk . almond milk +1 . oat milk +1	
choose your fruit {choose up to 2}: mango . blueberry . strawberry . banana . pineapple	
choose your boost {choose up to 2}: carrot . basil . kale . peanut butter . cinnamon . turmeric	
pick your sweet {choose 1}: sugar . brown sugar . maple +1 . honey +1 . stevia +1	
add a boost +1: whey . espresso . matcha . ginger . cinnamon . nutmeg . turmeric peanut butter . almonds . fresh basil . kale . carrot . chai tea concentrate	

ICED TEA

make it a **large**, for +1

add a **shot**, for +1: ginger reduction . mango
 fresh basil . black cherry . turmeric

Sean's Iced Tea {sweet or unsweet}.....3	Strawberry Basil Iced Tea4
Cold Brew Green Iced Tea4	Blueberry Ginger Iced Tea4

LEMONADE

make it a **large**, for +1

add a **shot**, for +1: matcha . ginger . fresh basil
 blueberry . black cherry . turmeric

Fresh Daily Lemonade3	Mango Ginger Lemonade5
Frozen Strawberry Lemonade4	Frozen Black Cherry Lemonade4

MILKSHAKE

make it a **large**, for +1

add a **shot**, for +1: matcha . espresso . hazelnut
 chai tea concentrate . ginger . black cherry

Vanilla Milkshake5	Strawberry Milkshake6
Chocolate Milkshake5	Caramel Milkshake6

COFFEE

choice of: **hot**, or **iced**
 make it a **large**, for +1

add a **shot**, for +1: espresso . matcha . turmeric . vanilla . mocha
 hazelnut . ginger . caramel . white mocha . black cherry

make a **substitution**, for +1: almond milk . oat milk . maple . honey

Cold Brew Coffee5	Cinnamon Vanilla Latte5
slow steeped . low acid . smooth	espresso . vanilla . cinnamon . milk
Sweet Cream Cold Brew6	Mocha Latte5
cold brew coffee . our sweet cream	espresso . mocha . cinnamon . milk
Black Cherry Cold Brew6	Adirondack Latte6
cherry cola syrup . sparkling water . espresso	espresso . our ginger reduction . maple . milk
Shaken Ginger Latte6	Rustic Chai Latte7
ginger . vanilla . nutmeg . espresso . milk	espresso . sean's chai black tea concentrate . milk
Local Roast Hot Coffee2	Golden Turmeric Latte6
poncey highland's, family farmed, dirty nekkid roast	espresso . golden turmeric . milk . honey
Latte5	Matcha Latte6
espresso . milk	matcha green tea . milk . honey
Sean's Cuban5	Hot Cocoa6
espresso . nutmeg . brown sugar . milk	cocoa . milk . cinnamon . whipped cream

HOT TEA

add a **shot**, for +1: ginger . honey . maple . vanilla . turmeric
 frothed milk . oat milk . almond milk . sweet cream

Earl Grey Blend5	Green Tea Blend5
earl grey black tea blend . bergamot	harvest blend . light fruit foward
Chai Blend {hot or iced}.....6	Ruby Sipper {herbal}.....6
sean's chai black tea concentrate . milk	apple . hibiscus . rose hip . tangerine

BREAKFAST

{ALL DAY} served w/ **chips** {or upgrade to a choice of **one soup**, or **side**, for +1}

Farmer's Breakfast Panini {v}.....12	
guacamole . cucumber . tomato . roasted bell pepper . grilled onion lemon tossed kale . cheddar . parmesan herb cream . fried eggs . on cuban bun	
Bacon, Apple & Cheddar Croissant12	
hickory bacon . apple butter . fried egg . cheddar . parm herb cream . on butter toasted croissant	
Potato Hash Breakfast Bowl12	
{ choose 1: southern patty sausage, hickory bacon, fiesta pulled chicken, or veggie sausage} fried egg . cheddar . tomato . grilled onion . over hash skillet potatoes	
Original Breakfast Amber Biscuit12	
{ choose 1: southern patty sausage, hickory bacon, fiesta pulled chicken, or veggie sausage} fried egg . cheddar . tomato . apple butter . grilled onion . on butter toasted Amber Biscuit	
Breakfast Pocket {limited made daily}.....12	
southern patty sausage . egg . cheddar . chive . bell pepper . baked in our buttery pocket pie crust	
Southern Breakfast Casserole {limited made daily}.....12	
southern patty sausage . avocado . potato . roasted bell pepper . onion . garlic cheddar . parmesan herb cheese . egg . baked in a buttered bread crumble crust	

BAKERY

{SERVED ALL DAY}

Amber Biscuit3	Nana's Chocolate Chip Cookie ...3
our buttermilk "cat-head" southern drop biscuit	buttery rich chocolate chip cookie . nana's recipe
Blueberry Orange Amber Biscuit ..5	Ooey Goey Fudge Brownie6
blueberry orange biscuit . orange glaze	ooey goey triple chocolate fudge brownie
Berry Cheesecake Muffin6	Lemon Bar6
mixed berry whipped cheesecake stuffed muffin	tangy sweet lemon curd . buttery shortbread bar
Cinnamon Sugar Elephant Ear ..4	Oatmeal Cream Pie6
our buttery cinnamon sugar rolled puff pastry	ginger oatmeal soft cookie . buttercream filling

LUNCH

{SERVED ALL DAY} served w/ **chips** {or upgrade to a choice of **one soup**, or **side**, for +1}

Holy Guacamole Chicken Salad Sandwich12	
sean's chicken salad . guacamole . tomato . romaine . on toasted wheat	
Beltline Burrito {v}.....12	
black bean & corn salsa . quinoa . wild rice . guacamole . toasted almond shaved carrot . feta . lemon tossed kale . in tortilla wrap	
Salmon Mousse on Wheat14	
roasted dill salmon & caper mousse . tomato . cucumber . on toasted wheat	
Moroccan Chicken & Chickpea Burrito12	
fiesta pulled chicken . moroccan spiced roasted chickpea & sweet potato . feta lemon tossed kale . shaved carrot . quinoa & wild rice . in tortilla wrap	
Fiesta Mac & Cheese Bowl14	
{ choose 1: fiesta pulled chicken, turkey chili, or veggie sausage} tomato . served over dill pickle mac & cheese	
Andie's Sausage Lasagna14	
our italian sausage red sauce lasagna	

SALAD

{SERVED ALL DAY} served w/ **chips** {or upgrade to a choice of **one soup**, or **side**, for +1}

add a **protien:** sean's chicken salad +5 . dill salmon & caper mousse +6 . hickory bacon +5
 fiesta pulled chicken +5 . veggie sausage +6 . beyond sausage +8 . fried egg w/cheese +5

Chopped Salad {v}.....11	Lemon Kale & Almond Salad {v}.....10
romaine . tomato . cucumber . blackbean salsa shaved carrot . feta . avocado lime dressing	lemon tossed kale . toasted almond . feta . tomato . shaved carrot . balsamic vinaigrette

HOT DOG

{SERVED ALL DAY} served w/ **chips** {or upgrade to a choice of **one soup**, or **side**, for +1}

pick your **dog:** **polish frank** {beef} . **spicy andouille** {pork}, for +1 . **beyond sausage** {plant}, for +3

Heart of the Park Dog7	Build Your Own Dog6
{pick your dog} . grilled onion . tomato pickled remoulade . on toasted challah bun	pick your dog: polish frank {beef} . andouille {pork}, for +1 beyond sausage {plant}, for +3
Nahhway Dog8	free topping: mustard . ketchup . sriracha sean's sauce . dijon remoulade . relish . mayo
{pick your dog} . roasted bell pepper . mustard grilled onion . tomato . toasted challah bun	fancy topping +1: grilled onion . guacamole roasted bell pepper . tomato . pickled jalapeno cheddar . parm herb cream . feta . turkey chili
Chili Nacho Dog8	
{pick your dog} . turkey chili . three cheese melt pickled jalapeno . tomato . toasted challah bun	

KID

{ALL AGE} {SERVED ALL DAY} served w/ **chips** {or upgrade to a choice of **one soup**, or **side**, for +1}

Attack of the Killer Grilled Cheese {v}..8	Joy Division PB&J {v}.....8
sharp cheddar . parm herb cream pressed in butter toasted bread	strawberry puree . split banana . honey peanut butter . pressed in cuban bun

SIDE ~ SOUP

Amber Biscuit3	Moroccan Spice Roasted Chickpea ..4
Skillet Hash Potato5	Dill Pickle Mac & Cheese5
Burnt Garlic & Cheddar Grits5	Tomato Basil Bisque5
Fresh Fruit Cup5	Turkey Chili5